

# Pregnancy, Breastfeeding & Lyme Bibliography

Any woman who has Lyme disease and is considering becoming pregnant or who is pregnant, or who is bitten by a tick during pregnancy, should see a Lyme disease doctor, one who understands the serious medical implications of Lyme during pregnancy. The Lyme bacteria, *Borrelia burgdorferi*, can cross the placenta and can cause death of the fetus. The Lyme Disease Association (LDA) has compiled the following list of articles related to Lyme and pregnancy and Lyme and breastfeeding for informational purposes only, for your review and review by your physician.

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Cucka B, BS; Chen S, MD; Biglione B, BS; Kroshinsky D, MD, MPH (Sept 2022). "Spotting the Target: Clinical Clues in the Diagnosis of Disseminated Lyme Disease in Pregnancy." American Journal of Obstetrics & Gynecology

Project Lyme & Mothers Against Lyme Webinar – **"Lyme Disease & Pregnancy: State of the Science & Opportunities for Research"** featuring Holly Ahern, MS, MT (ASCP), Sue Faber, RN, BScN, & Representatives from the NIH. (2021)

**CDC Focus on Maternal-Fetal Transmission of Lyme Disease (2020)**

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**<https://www.lymehope.ca/advocacy-updates/sharing-our-research-findings-on-lyme-and-pregnancycongenital-transmission-with-minister-of-health-and-public-health-agency-of-canada>** *The opinions presented in the video are those of the presenter and not necessarily of the Lyme Disease Association.*

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### **Breastfeeding**

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### **Pregnancy & Breastfeeding**

Centers for Disease Control & Prevention (CDC) website

#### *During Pregnancy & While Breastfeeding*

"Lyme disease acquired during pregnancy may lead to infection of the placenta and possible stillbirth, however, no negative

effects on the fetus have been found when the mother receives appropriate antibiotic treatment. There are no reports of Lyme disease transmission from breast milk.”

[http://www.cdc.gov/ncidod/dvbid/LYME/ld\\_transmission.htm](http://www.cdc.gov/ncidod/dvbid/LYME/ld_transmission.htm)