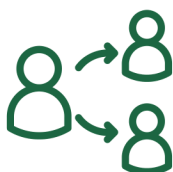


BRINGING AWARENESS TO YOUR COMMUNITY



This May, we join Lyme patients, activists, and educators in raising awareness to help prevent Lyme disease and other tick-borne illnesses. To help spread the word, we've compiled a list of actions you, your family, and friends can take.

ACTIONS YOU CAN TAKE



01

Sharing LDA's social media posts

Sharing with others in your network directly brings awareness to our cause.



02

Order brochures

Hand out brochures from our site to distribute in your community.



03

Ask your state to create a proclamation

Work with elected officials to have your governor declare May as "Lyme Awareness Month" in your state.



04

Join a local walk or event

See LDA's event page. Community events help raise awareness, provide valuable education, and bring people together.



05

Print tick carrying cards

Print or order tick carrying cards for friends and family to carry with them for easy prevention tips.



06

Donate

Contribute to benefit LymeAid 4 Kids during the month of May.

