

Printable List of Lyme Disease Symptoms and Signs (infographic)

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Symptoms and Signs



Lyme disease is a multi-systemic illness caused by a spiral-shaped bacteria, *Borrelia burgdorferi* (Bb), or by newly discovered *Borrelia Mayonii*.

Lyme Disease Symptoms:

GENERAL EARLY LYME DISEASE SYMPTOMS & SIGNS:

Rash: Only about 9% get the classic bull's eye rash. Others may get another type of EM (Erythema migrans) rash or may get no rash at all. Rash at other than bite site may be disseminated disease. Fever & Flu like illness, muscle aches & pains, joint pain and/or swelling, fatigue, malaise, headache.

REPRODUCTIVE:

Testicular pain or pelvic pain, menstrual irregularity, milk production, (lactation), sexual dysfunction, loss of libido.

NEUROLOGICAL:

muscle twitching; headache; tingling; numbness; burning or stabbing sensations; facial paralysis (Bell's palsy); dizziness; poor balance; increased motion sickness; wooziness; light-headedness; difficulty walking; tremor; confusion; difficulty thinking/concentrating/reading; forgetfulness; poor short term memory; disorientation (getting lost, going to wrong place); speech difficulty; double or blurry vision; eye pain; blindness; increased floaters; increased sensitivity to light or sound; buzzing or ringing in ears; ear pain; decreased hearing; seizure activity; white matter lesions in brain; low blood pressure.

MUSCULOSKELETAL:

joint/muscle pain in feet; ankle pain; shin splints; joint pain or swelling; joint, neck or back stiffness; migrating muscle pain or cramps; TMJ; neck creaks & cracks.

CARDIAC/PULMONARY:

Chest pain or rib soreness, shortness of breath, heart palpitations, pulse skips, heart block, valve prolapse, heart murmur.

NEUROPSYCHIATRIC:

mood swings, violent outbursts, irritability, depression, disturbed sleep (too much or too little, early awakening), personality changes, obsessive compulsive disorder (OCD), paranoia, panic anxiety attack, hallucinations.

GASTROINTESTINAL:

Nausea or vomiting, GERD, change in bowel function (constipation, diarrhea), gastritis, abdominal cramping, irritable bladder or bladder dysfunction, cystitis, newly diagnosed irritable bowel syndrome (IBS).

OTHER:

Unexplained fevers (off & on), chills, sweats, weight change (loss or gain), fatigue, tiredness, hair loss, swollen glands, sore throat, difficulty swallowing, swelling around the eyes.

***NOTE: If Lyme from *B. mayonii*: early symptoms fever, headaches, rash, neck pain; later arthritis. May include nausea & vomiting, higher concentrations of bacteria in blood.**



Lyme Disease Association, Inc.
Research, education, prevention & support
LDA: 26 years of patients helping patients!